



CHEROKEE YOUTH HONOR CODE

FOR ATHLETES, PARENTS, AND COACHES



Cherokee Youth Track Club (Junior Warriors) is a program for children ages 7-18.

Our *primary purpose* is to equip youth with the fundamentals, skills and rules of track & field and cross country and prepare them to *run the world* with confidence, purpose, and determination to be their best.

Cherokee Youth Track is dedicated to producing athletes of *good character* through hard work, positive reinforcement, and sportsmanship. Good character is achieved when practiced on and off the track/course.

To succeed in our purpose, we ask parents, athletes, and coaches to abide by our Honor Code:

ATHLETE

Be on time to practice; work hard and give your best effort.

Be OFF YOUR PHONE during practice.

Be respectful to yourself, your coaches, your teammates and property.

Be a student first, then an athlete; study hard.

Be aware of others and encourage them.

PARENT

Be on time to practice to provide your athlete with the best training experience.

Be outside the fence/practice area during training. Enjoy a walk/jog on the gravel loop.

Be sure to keep your athlete home if they are injured or sick. ***Please see policy below.**

Be aware that athletes may NOT use phones/electronics at practice.

Be respectful to coaches, athletes, other parents, and property.

Be quick to communicate with a coach if you have a concern.

Be supportive and encouraging to your athlete, always.

COACH

Be on time and prepared to help athletes become their best.

Be aware of athletes and surroundings; athlete safety is our #1 priority.

Be respectful to athletes, parents, and other coaches in words and actions.

Be quick to address problems or concerns with athletes/parents/coaches.

Be on the lookout for good behavior and commend it.

Our club will not tolerate name calling, bullying or the use of foul language. Commit to build others up.

***RETURN TO RUN POLICY:** The health and safety of your athlete is our priority. If your athlete is sick, injured, or complaining of an injury, please inform us and keep them out of practice. For injuries that require a doctor's visit, athletes will need a "Return to Run" clearance note from the doctor before they can return to practice.

I accept and agree to follow the Cherokee Youth Track Honor Code. Misconduct or disruption of these guidelines will result in consequences, such as removal from practice or removal from the team.

Athlete Signed: _____ Parent Signed: _____

Coach Signed: _____ Date: _____